

Reviewed December 2024



Despite being crepuscular species (active at dawn and dusk), crested geckos appear to benefit from UV-b light.

Various UV lamps are available (), but for crested geckos a lamp with a low output (e.g. 6%) should be used to mimic the low level sunlight they would be exposed to in their wild environment.

Lamps should be kept on for ~ 12 hours per day and at an appropriate distance from the lizard as recommended by the manufacturer.